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## Three Beverages That Help Beat Heat

BY STEVEN PHELPS



It's a scorcher pretty much everywhere across the U.S. this summer — let's put a positive spin on it and have a cold one, shall we? But the problem with record-high temperatures is they compound the effects of even moderate alcohol consumption. Here are three recommendations for summer soothers that will go down easier than most...

### John B. Stetson Kentucky Straight Bourbon Whiskey

A newcomer to the whiskey game, Stetson recently threw their hat into ring (sorry, had to say it) with a very drinkable bourbon. A lick of true Kentucky bourbon can range anywhere from 70 proof on the low end to 100-plus proof on the high end — Stetson's offering is a nice middleweight at 84 proof that tastes perfect for a summer mixer. Try it with your favorite sour mix, or just pour it over some ice and listen to the frogs croak.

